

Please Come Home

Please come home. Please come home.

Find the place where your feet know
where to walk
And follow your own trail home.

Please come home. Please come home
into your own body,

Your own vessel, your own earth.
Please come home into each and every
cell,
And fully into the space that surrounds
you.

Please come home. Please come home
to trusting yourself,

And your instincts and your ways and your
knowings,
And even the particular quirks of your
personality,

Please come home. Please come home
and once you are

firmly there,
Please stay awhile and come to a deep
rest within.
Please treasure your home. Please love
and embrace your home.
Please get a deep, deep sense of what it's
like to be truly home.

Please come home. Please come home.

And when you're really, really ready,
And there's a detectable urge on the out
breath, then please come out.
Please come home and please come
forward.
Please express who you are to us, and
please trust us
To see you and hear you and touch you

And recognize you as best we can.

Please come home. Please come home
and let us know

All the nooks and crannies that are calling
to be seen.
Please come home, and let us know the
More
That is there that wants to come out.

Please come home. Please come home
For you belong here now. You belong
among us.
Please inhabit your place fully so we can
learn from you,
From your voice and your ways and your
presence.

Please come home. Please come home.
And when you feel yourself home, please
welcome us too,
For we too forget that we belong and are
welcome,
And that we are called to express fully
who we are.

Please come home. Please come home.
You and you and you and me.

Please come home. Please come home.
Thank you, Earth, for welcoming us.
May we wake up and remember who we
truly are.

Please come home.

Please come home.

Please come home.

Jane Hooper, as quoted in
Cynthia Bourgeault, [The Wisdom Way of
Knowing: Reclaiming an Ancient Tradition
to Awaken the Heart](#)